

OPTION II PHYSICAL EDUCATION PROGRAM

1. Any student interested in an Option II Physical Education Program is encouraged to meet with the Montgomery High School Health & Physical Education Supervisor Mrs. Naoma Green prior to approval. Please call 609 466-7600 Ext 6113 for an appointment.
2. The parents/guardians and student will complete an application and submit it to the Montgomery High School Health & Physical Education Supervisor, Mrs. Naoma Green by May 16, 2014. *Each application is reviewed on a case-by- case basis by the Option II Physical Education Program Committee.*
3. An Option II Physical Education Program will not be approved if it is a program that is offered through the Montgomery High School Athletic Department.
4. In order for an Option II Physical Education Program to be considered for approval it must meet the New Jersey Core Curriculum Content Standards for Physical Education Grades 9-12.
5. In order for an Option II Physical Education Program to be considered for approval, the instructor/coach of the program must be certified or hold credentials in the relevant discipline.
6. In order for an Option II Physical Education Program to be considered for approval, the instructor/coach of the program must provide a letter to the supervisor of Health and Physical Education by May 16, 2013, which identifies the following information:
 - Weekly number of hours the student will participate.
 - Will the student need release time in order to participate? If so, when.
 - Instructor's credentials
 - The rigor and past successes of the program
 - If the student is eligible for special education services and has an Individualized Educational Plan, how will the program meet necessary modifications?
 - Identify what evidence the program will provide to demonstrate successful attendance.
 - Contact information
7. In order for an Option II Physical Education Program to be considered for approval, the student will need to demonstrate a need for release time from their school day.
8. In order for an Option II Physical Education Program to be considered for approval, the student will need to accrue a minimum of 130 hours in their respective program per marking period.
9. Any approved Option II Physical Education Program is in place of a student's physical education course only, students who are approved for an Option II Physical Education Program will be required to take their scheduled Health course during one of the four marking periods.
10. Students who have an approved Option II Physical Education Program are not permitted to enroll in any additional courses.
11. Students who have an approved Option II Physical Education Program will receive either a Passing (P) or Failing (F) as a grade.

12. A student's failure to adhere to the requirements of an Option II Physical Education Program due to a non-medical reason will result in the immediate enrollment of the student in a Montgomery High School Physical Education course, and the grade of (F) if their withdrawal from the program occurs beyond the eleventh day of the Marking Period.
13. Students who are injured and unable to participate in their approved Option II Physical Education Program must inform the Supervisor of Health and Physical Education immediately. These students will be required to adhere to the same procedures as students enrolled in a Montgomery High School Physical Education course that is on a Physical Education Medical.
14. Students who have an approved Option II Physical Education Program are responsible for submitting, to the Supervisor of Health and Physical Education, evidence of their minimum 130 on the last day of the marking period. Submission of the minimum 130 hours must include verification from the student's instructor/coach. Students are responsible for submitting their hours in each marking period in which they do not have Health.
15. Students who have an approved Option II Physical Education Program are responsible for submitting, to the Supervisor of Health and Physical Education, a one page typed reflection of their experiences and thoughts about their respective program. The reflection is due to the Supervisor of Health and Physical Education on the last day of the marking period. Students are responsible for a reflection in each marking period in which they do not have Health.
16. The instructor/coach of the student who has been approved for an Option II Physical Education Program is responsible for submitting evidence to the Supervisor of Health and Physical Education, on the last day of the final marking period in which the Option II Physical Education Program is taken by the student, that the following goals have been addressed in the student's Option II Physical Education Program:
 - Goal 1 The student demonstrates competency in motor skills and movement patterns needed to perform a variety of physical activities.
 - Goal 2 The student demonstrates an understanding of movement concepts, principles, strategies and tactics as they apply to the learning and performance of physical activities
 - Goal 3 The student achieved and maintained a health enhancing level of physical fitness.
 - Goal 4 The student exhibited responsible personal and social behavior that respects self and others in physical activity settings.
 - Goal 5 The student valued physical activity for health, enjoyment, challenge, self-expression, and /or social interaction.
17. Failure to provide the Supervisor of Health and Physical Education with any of the above required items (verification of hours, student reflection, and instructor/coach goal evaluation) on the last day of the marking period will be viewed as non-compliant to the Option II Physical Education Program procedures and result in a grade of (F) for the marking period.
18. In consideration of the application, the Supervisor of Physical Education may visit and assess the site of the Option II Physical Education Program. The environment's facilities should be designed to help meet the student's educational goals.