

**Costs:**

\$100 per four week course (\$70 for senior citizens)

\$150 per six week course (\$120 for senior citizens)

Please take note that some classes may include an additional fee for the purchase of necessary materials (ex. cooking classes).

In addition to registration forms, students taking fitness courses must complete and submit the athletic waiver forms.

**Send forms and payments to:**

Montgomery Township  
Board of Education  
C/O Moggie Davis  
1014 Route 601  
Skillman, NJ, 08558

**Make checks/money orders**

**payable to Montgomery Township  
Board of Education/Community  
School.**

**Contact:**

If you have any questions, you may contact Frank Chmiel, a social studies teacher at Montgomery High School and coordinator of the Montgomery Community School. You may reach him by phone at Montgomery High School at (609) 466 – 7602 or email at [fchmiel@mtsd.us](mailto:fchmiel@mtsd.us). **Email is preferable.**

# Montgomery Community School



## Spring 2011

**Note:** All courses are four weeks and run on Tuesdays or Thursdays from April 5th through May 5th unless otherwise noted. No classes will be held April 18<sup>th</sup> – 22<sup>nd</sup> (MTSD Spring Break). All classes will be approximately two hours and run from 7:00 – 9:00 PM. **These are non-credit courses for personal enrichment.**  
**Age range:** Adult community members through eleventh and twelfth graders at Montgomery High School.

**It's in Stock!**

**Tuesdays 7:00 – 9:00 PM in B-1101 (MHS)**

Would you like to learn about the many different types of stocks available, and which ones are right for you? Join us and learn the process of buying and selling stock, short and long-term strategies, how to read online stock quotes, and manage your own online brokerage account. Then try putting your newly acquired skills to the test in a small group stock competition!

**Instructor: Karen Cohen**

Mrs. Cohen has been teaching about stocks and investing for sixteen years. She attended a two-week workshop at the New York Stock Exchange, during which she and other teachers had access to the floor and shadowed a specialist. She has taken many online courses on investing over the years. Meanwhile, she manages her own investments and is satisfied with the results. Mrs. Cohen teaches accounting and business law at Montgomery High School and is an adjunct professor with Raritan Valley Community College.

**Gelato in the Piazza**

**Thursdays 7:00 – 9:00 PM in B-1121 (MHS)**

If you have a love for Italian culture or are planning a trip to Italy in the near future, “Gelato in the Piazza” is the class for you. This class will teach basic vocabulary and grammar and introduce students to simple conversation in Italian as well as the rich Italian culture. Students will learn to use authentic expressions and satisfy their curiosity about this amazingly beautiful country.

*This course has limited enrollment*

\*This is a six-week course. It will meet from April 7<sup>th</sup> through May 19<sup>th</sup>. The cost is \$150 (\$120 for senior citizens).

**Instructor: Franca Beumee**

Mrs. Beumee is proud of her Italian heritage. She was born in Rome and teases her friends about being baptized in Saint Peter's Basilica in the Vatican. Her passions include Italian cooking and sharing the beauty of her culture. She enjoys taking students, parents, and teachers on trips to the opera in New York City, restaurants with fine Italian cuisine, and tours of Italy. Mrs. Beumee currently teaches all levels of Italian at Montgomery High School and has taught at the college level and in the business sector.

**Spanish for Business, Travel, and Fun**

**Thursdays 7:00 – 9:00 PM Room B-1112 (MHS)**

Business men and women today need language and cultural skills to build strong relationships with clients from Latin America and Spain. This course is designed for business people and travelers who must navigate their way through airports, hotels, restaurants, and places of interest. This course will involve hands-on activities, interactive communication, and tons of fun. You can't get a learning experience of this quality with a CD-ROM. So, make the most of your preparation time and learn Spanish now!

\*This is a five-week course. It will meet from April 7<sup>th</sup> through May 19<sup>th</sup>. The cost is \$150 (\$120 for senior citizens).

*This course has limited enrollment.*

**Spanish for Business, Travel, and Fun(continued)****Instructor: Jenny Egas**

Mrs. Egas has a Master's Degree from Rutgers University in Spanish and has completed extensive graduate studies in Spanish Literature at Montclair State University. She has been a teacher of Spanish in Montgomery for nearly ten years. Mrs. Egas also served as an adjunct professor of Spanish at Rutgers University and has taught at the Adult Community School in North Plainfield. Mrs. Egas is a native Spanish speaker from Peru and has travelled extensively.

**Masterpieces of the Met - Thursdays 7:00 – 9:00 PM in Room B-2213 (MHS)**

Come and learn about the amazing, beautiful, and encyclopedic collections of the world-famous Metropolitan Museum of Art. This course will teach you about the art of different cultures and artistic periods from the ancient world to the 21<sup>st</sup> century. Students will view many of the Met's famous paintings and sculptures and build and understanding of the concepts and stories on which they are based. This course will inspire and instill the confidence in students to visit and navigate one of the world's finest art museums!

**Instructor: Frank Chmiel, M.A. Education, Leadership, Management & Policy**

Mr. Chmiel has been a social studies teacher at Montgomery High School for 13 years. While he teaches a variety of social studies classes, he is probably best known for teaching Advanced Placement Art History. His experiences in AP Art History prompted Mr. Chmiel to co-author *The Best Test Preparation for the AP Art History Exam* (REA, 2006), a survey of significant periods of art history from the ancient world through the 21<sup>st</sup> century. Mr. Chmiel enjoys sharing knowledge with students of all ages. He seeks to inform and inspire an appreciation for art and its significance among world civilizations in each student.

**From Alpha to Omega: It's All Greek to Me!**

**Thursdays 7:00 – 9:00 in C-2207 (MHS)**

Do you have an interest in the language and culture of ancient Greece? This four week course will explore the history of the written word in ancient Greece, focusing on the following questions:  
Where did alphabetic writing originate? What was revolutionary about it?  
Who was Homer? Did he really exist? Was he really blind?  
Were Homer's Iliad and Odyssey originally written or spoken?  
Why was the New Testament written in Greek?  
Did Roman historians write in Latin or Greek?  
Students will receive a practical introduction to the pronunciation of ancient Greek, the Greek alphabet, and some basic mechanics of the language. By the fourth week, participants will read an actual paragraph of ancient Greek (heavily adapted from Greek comedy).

The course will culminate in a trip to tour the Greek and Roman Galleries in the Metropolitan Museum of Art in New York City.

\*The cost of the trip is not included in the tuition.

### **From Alpha to Omega: It’s All Greek to Me!(continued)**

#### **Instructor: Brian Beyer M.A.T. Latin Education**

Mr. Beyer teaches Latin at Montgomery High School. He holds a Master of Arts for Teachers in Latin from Rutgers University (Department of Classics) and has taught Latin for ten years. His areas of academic interest include the history of Latin pedagogy, late antique historiography, and Latin epigraphy. He is the author of *War with Hannibal: Authentic Latin Prose for the Beginning Student* (Yale University Press, 2008). Like his seven year-old son and four year-old daughters, he has a keen interest in the ancient world and will talk to anyone who will listen about Greek and Roman military and social history.

#### **Movement-Reaction Fitness**

**Thursdays 7:00 – 9:00 PM in Fitness Room (MHS)**

If you are interested in a low impact, interesting workout that combines elements of movement and harnessing your internal energy, this is the course for you. Similar to Tai-Chi and simulating movements associated with traditional Kung-Fu, Water Movements will awaken your body without the strain of intense strength training or cardio exercise. The class will strive to meet each student on his or her current fitness and energy levels and enhance them. Movement-Reaction Fitness will attempt to draw out the hidden physical energy of each student and guide them on a path toward self-realization.

*This course has limited enrollment.*

#### **Instructor: Glenn Fiore**

Mr. Fiore has been involved in martial arts for almost 40 years. Influenced by aspects of Shaolin Kung Fu, Tai Chi, Bruce Lee’s Jeet Kune Do, and other styles, Mr. Fiore has developed his own unique form of movements known as the Water Style or Movement/Reaction Kung Fu. His blend of acumen, experience, intuition, and humility have led him to work with a diverse group of students from a Navy Seal and professional martial artists to victims of assault, patients with cancer, and people in advanced senescence. Mr. Fiore’s Movement/Reaction concept is non-aggressive, great for exercise, and is tailored to build on the individual abilities and nature of every student.

#### **Fundamentals of Fitness**

**Tuesdays 7:00 – 9:00 PM in Weight Room (MHS)**

This course has been designed to teach the fundamental skills necessary to engage in strength, balance, and cardiovascular training. Information on anatomy, physiology, and kinesiology will be used to integrate the training principles covered in each class. During each session the student will be introduced to new training styles and instructed on how to perform the various exercises used in these training methods. Students will then have the opportunity to practice the skills that have been taught during an open training period during each class. By the conclusion of the program each student should have a basic understanding of how different training methods impact the human body as well as have the ability to engage in these types of activities.

#### **Instructor: Jim Griffin; MS, CSCS, USAW, PES, NASE**

Mr. Griffin is a certified strength and conditioning coach, who trains people privately and in groups. He is a social studies teacher at Montgomery High School. Mr. Griffin has coached high school football and softball, presented at various sports clinics, and currently manages the high school fitness facilities.

#### **Films of the 40s**

**Thursdays 7:00 – 9:00 PM in B-2214 (MHS)**

Tom Brokaw described the generation that came of age in the 1940s as the “Greatest Generation.” After World War II, the Greatest Generation’s taste in films became more serious. Come and see four films that demonstrate the emergence of a post-World War II social conscience. The films will include *Gentleman’s Agreement*, *Best Years of Our Lives*, *All My Sons*, and *Lost Weekend*. Each session will conclude with a discussion that will enlighten and help students make sense of this interesting historical period.

#### **Instructor: Scott Mason**

Mr. Mason is a social studies teacher with eclectic historical interests that include the American Civil War, 19<sup>th</sup> century British colonialism with an emphasis on the Afghan Wars, and the Napoleonic era. One of his interesting side interests is collecting, painting, and staging famous battles with historical miniature figurines. He has used this interest to create summer enrichment opportunities for Montgomery students. Another passion of Mr. Mason’s is how 20<sup>th</sup> and 21<sup>st</sup> century American film reflects the mores and values of American culture. This led Mr. Mason to author and teach a class entitled American Film and Culture, which has been running at Montgomery High School since 1998. Mr. Mason currently teaches Advanced Placement U.S. History as well as American Film and Culture.

#### **Crime & Punishment**

**Tuesdays 7:00 – 9:00 PM in B-2222 (MHS)**

Why do people become criminals? How serious is our crime problem? How can crime be reduced? No matter who you are, crime affects your life. Statistically, chances are good that sometime in your life you will be a crime victim. As a taxpayer, you are required to contribute money in the fight against crime or to repair the damage it does. Everyone agrees that crime is a serious problem but few agree about its causes or solutions. Although you won’t be a professional criminologist after taking this class, you will have a much better understanding about some of the important issues of criminal justice.

#### **Instructor: Zoran Milich M.A.T.**

Mr. Milich has taught Crime & Punishment to Montgomery High School students since 2004. Also, he co-authored the curriculum for the course. Mr. Milich’s extensive connections with many law enforcement officials has allowed him to bring in many guest speakers ranging from police officers, criminal attorneys, prosecutors, corrections officers as well as ex-convicts and their family members. He has organized field trips to South Wood State Prison in South Jersey as practical field experiences for students. He is a social studies teacher at Montgomery High School and has also taught World Studies, Elements of Human Behavior, and Intro to Sociology. “Coach” Milich is the head varsity football coach at

Montgomery High School as well as its boys head winter and spring track coach. He also manages all the summer sports camps for the Montgomery Recreation Department.

#### **Family Photos to be Proud Of**

**Tuesdays 7:00 – 9:00 PM in F-1132 (MHS)**

Have you ever admired the family holiday cards that you have received and wished that you can make your own? This course will teach principles of taking good photographs and how to edit them to enhance their aesthetic qualities. Students will build a basic understanding and skill set that they can then use to produce their own greeting cards of which they will be proud. Students are welcomed to bring in electronic copies of their own photography to learn how to edit them as well. This class is open to photographers of all skill levels including novices, who just want to take and produce better photos.

*This course has limited enrollment.*

#### **Instructor: Marek Malkowski**

Mr. Malkowski is a freelance photographer/graphic designer working for private and commercial accounts. Marek studied art in Poland and continued with college programs in photography and art in the U.S. He is the digital photography administrator for Wakefern Food Corporation. This responsibility entails producing state of the art images, photos, and graphic designs for private labels and national packaging. Marek is in charge of all operations in the studio, which includes location lighting, stylizing and propping sets, photographing products, and arranging the layout of materials for Shoprite advertising. One of his greatest pleasures is taking and editing photos of his family.

#### **Delicious French Deserts**

**Tuesdays 7:00 – 9:00 PM in B-1129 (MHS)**

Learn to make simple, impressive French desserts that will delight the taste buds and keep guests coming back for more. Students will make a variety of recipes, including Chocolate mousse, French Style Apple Pie, Chocolate Cake with Crème Anglaise, and more...At the end of the evening, students will take these delectable deserts home to enjoy with family, friends, or simply to indulge on their own.

*This course has limited enrollment.*

\*This is a six-week course. It will meet from April 5<sup>th</sup> through May 17<sup>th</sup>. The cost is \$150 (\$120 for senior citizens).

All students must pay an additional \$50 for ingredients along with the tuition. The instructor will provide the necessary ingredients for recipes.

#### **Instructor: Ingrid Cousin**

Ms. Cousin was born and raised in France, where “having a sweet tooth” appears to be a genetic condition! For both her culture and her family, a full meal is generally not complete unless it is accompanied by a succulent dessert. From a young age, she was exposed to a variety of sweets, many of which she has learned to make from her mother. Now that she lives in a new environment, she enjoys sharing that aspect of her culture with others, as well as

the recipes that she has refined over the years.

#### **Your Passport to World Cuisines Thursdays 7:00 – 9:00 PM in Room B-1129 (MHS)**

Travel with your taste buds and expand your horizons! Learn to make your own scrumptious Sushi, enticing Empanadas, or healthy French Quiches with homemade pie crust, yummy Chocolate Profiteroles or Scottish Shortbread, Classic English Shepherd’s pie, tasty Moroccan Chicken Couscous, exotic Indian curries. Have you always wanted to try to make something different in the kitchen? Don’t be afraid anymore and just go! At the end of the each evening, students will take their culinary creations home for their personal enjoyment.

*This course has limited enrollment.*

\*This is a six-week course. It will meet from April 7<sup>th</sup> through May 19<sup>th</sup>. The cost is \$150 (\$120 for senior citizens).

All students must pay an additional \$50 for ingredients along with the tuition. The instructor will provide the necessary ingredients for recipes.

#### **Instructor: Sofia Milner**

Mrs. Milner is a Family and Consumer Science teacher at Montgomery High School. One subject that she teaches is entitled “International and Creative Foods.” She has been a member of the faculty for nearly six years. Mrs. Milner is a graduate of Liverpool University in England. She has taught Home Economics to school age and adult students intermittently for the last 30 years. She has travelled throughout Europe, South Asia, and North Africa gaining firsthand knowledge on cuisines from these parts of the globe.

#### **Move Over Prima Donna - I’m Gonna Sing Now!**

**Tuesdays 7:00 – 9:00 PM in B-1102 (ITV Room – MHS)**

Here’s your chance to be a Met Star. The Metropolitan Opera in HD at the movies is the fastest and largest growing audience group in the country. Increase your viewing pleasure with pieces of gossip about the story, the singers, and the production. You will fit right in with when you sing or hum a few lines from a favorite aria. Internationally recognized baritone (Sir) Robert Violette will lead the way – even to the movies for a Live Met in HD telecast. Newcomer to opera? Lifelong fans? This is for all of you!

#### **Instructor: Robert Violette**

Mr. Violette has appeared with opera companies and symphony orchestras across the United States. He is a regular soloist at the Assisi Music Festival in Italy. In June, Mr. Violette will inaugurate a new concert series in Montreal with a solo recital. “Sir Robert” was honored by the Knights of Malta for his contributions to culture and charity. Mr. Violette teaches at both Montgomery Upper Middle and High School.