

IMPORTANT SPORTS INFORMATION

Dear Parents,

The protocol for completion of Sports forms before a student is cleared for tryouts has changed. This change has been dictated by the State Department of Education. We are bound by the new regulations and have no discretion in allowing a student to participate if these new regulations are not complied with correctly. In an effort to prevent issues which may prevent your child's participation, please note the following requirements for submitting paperwork:

1. **Physical Examination-** this **must be completed within 365 days of the start of the sport.** This form is acceptable for those 365 days. **THIS IS PART B***

2. **Health History Form-** this form must be brought to the physical exam to be reviewed by the physician at the time of the physical. **It must also be completed by the parent prior to each sport.** (Physician review is only necessary at the physical exam.) **THIS IS PART A***

- *Please note that Parts A and B look very similar but are not interchangeable. Completed Part A and blank Part B must be brought in to your child's physician at the time of exam.**

3. The two-page **Athletic Parental Consent and Concussion Form** must be completed by the parent **prior to each sport.**

4. Please review the **Sudden Cardiac Arrest** information brochure.

All forms can be found on the Health Office Website:

<http://www.mtsd.k12.nj.us/Page/2685>

Forms will now be due one and a half weeks before the start of try-outs so that the school physician can review them (effective January 2008.)

PLEASE NOTE: If you miss the due date for the medical forms, it will be the parent's responsibility to bring all the forms to the schools' Physician before the student can be cleared. The parent will also be responsible for all associated fees.