



August 2019

Dear Parent(s),

Back to school is an exciting time for students and families, and as the beginning of the school year quickly approaches, we want to extend a warm welcome back to school and back to the café! Chartwells K12 and **Montgomery Township Schools** are eager to welcome you and your student back to the school café with new flavors, events, and food and wellness education that surely to inspire a healthy and fun 2019-2020 school year!

New Menus and Café Spaces

Chartwells K12 **Montgomery Township** chefs and dietitians have been hard at work testing and developing a fresh, new menu for the coming school year designed specifically for **Montgomery** students that includes a wide variety of healthy and delicious options. These menus were created using student input from surveys, tastings and everyday conversations as well as local food trends, flavors and produce. The new menu includes:

- **Garden Salad Fun Lunch**
- **Blueberry Muffin Fun Lunch**
- **Turkey Wrap**

Fresh Produce and Local Partners

Infusing fresh and local flavors into the school menu is a priority for our chefs, and we are proud to support local farmers and companies, bringing students the freshest possible produce while supporting the **Montgomery Area**. Local produce and products on the menu this year include:

- **Butternut Squash Ambrogi Produce Flaim Farms Vineland NJ**
- **Granny Smith Apple Cassaday Farms Monroeville NJ**

Mobile Menus are in Your Hands

Introduced last year, Nutrislice brings the power of the school menu, nutrition and allergen information right to the palm of your hand! In addition to nutrition information, Nutrislice tells the café menu story with real photos taken by Chartwells chefs in schools, full menu descriptions as well as café event information, nutrition education and food stories helping students connect the foods they eat in the café to its origins and health benefits.

Nutrislice is available online through smartphones the web! Download the free Nutrislice App from the App Store (iOS) or Google Play (Android) and search for your menus or find them on the web: **Montgomery Township Website Parent Portal Menus**.

Simply Good & Chefs2Schools:

Throughout the year, students will have the opportunity to learn about healthier food options through fun and engaging activities that we have planned in the school cafeteria through our *Simply Good* food and nutrition education program brought to the café by Chartwells chefs and dietitians. *Simply Good* has a culinary emphasis that focuses on healthier meal options, especially ones with fruits, vegetables, whole grains and lean proteins. In addition, students will have the opportunity to meet and engage with real Chartwells chefs through fun, exciting culinary demonstrations and new food samplings. We will feature a variety of themes and events - look for more information on these special events coming soon.

Best Regards,

Patricia Kurczewski

Foodservice Director

Chartwells K12

To learn more about Chartwells K12, visit our website at www.ChartwellsK12.com>.

