

The Montgomery Township School Nurses are excited to see our students in the buildings and the health and safety of students are of the utmost priority. We want to share with you the measures the district will be taking as the nurses care for your children and your family.

***Important: Effective Wednesday, September 22, 2021, we will no longer require the student COVID-19 daily screening forms. Parents are expected to continue to monitor their children on a daily basis for COVID-19 related symptoms.**

We want to emphasize that our decisions and recommendations are in collaboration with the Montgomery Township Health Department, the New Jersey Department of Health, and the CDC. These recommendations may change as the pandemic evolves, but for now this is our forward direction as it pertains to illness (isolation) and exposure (close contact-quarantine).

Guidelines:

Illness

Please be diligent and monitor your children for illness symptoms. If your child has the following symptoms, please keep them and their unvaccinated siblings in the district home. Notify the school nurse in your child's school of their symptoms. The school nurse will explain the timeframe in which your child will need to stay home.

<p>At least <u>two</u> of the following symptoms:</p> <ul style="list-style-type: none">● Fever (measure or subjective)● Chills● Rigors (shivers)● Myalgia (muscle aches)● Headache● Sore throat● Nausea or vomiting● Diarrhea● Fatigue● Congestion or runny nose	<p>OR at least <u>one</u> of the following symptoms:</p> <ul style="list-style-type: none">● Cough● Shortness of breath● Difficulty breathing● New onset loss of smell● New onset loss of taste● Fever >100.4F
---	--

If your child develops these symptoms while in school you will be asked to pick up your child and their unvaccinated siblings in a timely manner.

Exposure

Close Contact: *Close contact in a school setting is defined as being within 3-6 feet of someone with suspected or known COVID-19 for 15 or more minutes during a 24-hour period.*

If you are aware that your child has been exposed to a positive COVID-19 case, please call your child's school nurse for direction. Presently, since our school district is in the Central West Region, it is in the MODERATE RISK category. Any exposed close contacts, who are not fully vaccinated, will be excluded from school for 10 days (or 7 days with negative test results collected at 5-7 days post exposure).

Fully vaccinated children do not need to quarantine. However, they should monitor for symptoms and we recommend they get tested 3-5 days post exposure. If symptoms occur, please notify their school nurse immediately.

Travel

Fully vaccinated children traveling from any **domestic US state**, do not need to quarantine and do not need to be tested.

Fully vaccinated children traveling from any **international location** do not need to be quarantined, but it is recommended that they test 3-5 days after travel.

Unvaccinated children that have traveled outside of the USA or to any state outside of the immediate area (PA, DE, NY) for a duration longer than 24 hours are required to quarantine for 10 days.

- Test is recommended 3-5 days after travel
- If the test is negative, the child can return to school **after day 7**.
- If the child is not tested upon return, they must quarantine for a total of **10 days**. (Returning on day 11). Thereafter, your child may return to school if they are symptom free.

Contact your child's school nurse at:

<p>OHES:</p> <p>Mukteshwari Gosai mgosai@mtsd.us (609) 466-7605, opt. 3</p> <p>Kamal Paul kpaul@mtsd.us (609) 466-7603, opt. 3</p>	<p>Village:</p> <p>Patricia Cizin pcizin@mtsd.us (609) 466-7606 ext. 2600</p> <p>Janis Woodard jwoodard@mtsd.us (609)466-7606 ext. 2500</p>	<p>LMS:</p> <p>Denise Salvatore dsalvatore@mtsd.us (609) 466-7604 opt. 3</p> <p>Diana Smith fsmith@mtsd.us (609)466-7604 opt. 3</p>	<p>UMS:</p> <p>Eileen Cappabianca ecappabianca@mtsd.us 609-466-7603 ext. 4500</p> <p>Karen Rarich krarich@mts.d.us 609-466-7603 ext. 4509</p>	<p>MHS:</p> <p>Bernadette Rabbitt brabbitt@mtsd.us (609) 466-7602 ext. 6514</p> <p>Jennifer Lipschutz jlipschutz@mtsd.us (609) 466-7602 ext. 6515</p>
--	--	--	--	--