

Important Message from the MTSD Nurses – January 10, 2022

We are currently following New Jersey Department of Health recommendations for K-12 schools. Exposed close contacts who are not fully vaccinated will be excluded from school for 10 days. For more information, please visit [COVID-19 Public Health Recommendations for K-12 schools.](#)

Please be diligent and monitor your children for illness symptoms. If your child has the following UNEXPLAINED symptoms, please keep them home and inform the school nurse. We recommend all children with COVID COMPATIBLE symptoms get COVID tested prior to returning to school. In that event, all unvaccinated siblings in the household are required to stay home until the symptomatic child receives a negative COVID test. The school nurse will explain the timeframe in which your child will need to stay home.

COVID COMPATIBLE SYMPTOMS:

At least <u>two</u> of the following symptoms:	OR at least <u>one</u> of the following symptoms:
<ul style="list-style-type: none">• fever (measure or subjective)• chills, rigors (shivers)• myalgia (muscle aches)• headache• sore throat• nausea or vomiting• diarrhea• fatigue• congestion, or• runny nose	<ul style="list-style-type: none">• cough• shortness of breath• difficulty breathing• new olfactory (smell) disorder, or• new taste disorder• Fever >100.4 F

If your child develops these symptoms, while in school you will be asked to pick up your child and all unvaccinated siblings in a timely manner.

Thank you for your continued efforts in keeping our students safe and healthy!