

HERITAGE, HISTORY, & AWARENESS MONTHS



September:

Hispanic Heritage Month

October:

Hispanic Heritage Month
Filipino American History Month
Polish American Heritage Month
Italian American Heritage Month
Disability Employment Awareness Month
LGBTQIA+ History Month
Domestic Violence Awareness Month
Down Syndrome Awareness Month

November:

Native American, American Indian,
& Alaskan Native Heritage Month

December:

None

January:

Muslim American Heritage Month

February:

Black History Month

March:

Women's History Month
Irish American Heritage Month

April:

Deaf History Month
Arab American Heritage Month
Sexual Assault Awareness Month
Autism Acceptance Month

May:

Asian American & Pacific Islander
Heritage Month
Haitian Heritage Month
Jewish American Heritage Month
Foster Care Awareness Month
Mental Health Awareness Month

June:

LGBTQIA+ Pride Month
Caribbean American Heritage Month

July:

None

August:

None

Why do we acknowledge these months?

Heritage, history, and awareness months provide us intentional space to learn more, support, honor, and celebrate diverse groups of people. Acknowledging these varying parts of people's identities not only help us to understand each other with greater clarity, but also help us with the power of human connection. After all, with greater awareness comes the ability to shift our attitudes, behaviors, and beliefs.

This list is a working document. Suggestions for additions are always welcome!