



MARCH



Gross Motor Choice Board

Jack Hartman Songs:

- [Colors of the Rainbow](#)
- [Exercise & Colors](#)
- [ROY G BIV](#)
- [What Color Is It?](#)
- [Sign the Colors](#)

Shamrock Scavenger Hunt!

Let's go for a walk to find:

- 3 leaf clovers
- 4 leaf clovers
- rainbows
- something green
- something gold

Find the Rainbow!

Go around your house to find
objects that are:

- Red - Orange
- Yellow - Green
- Blue - Purple

Sort the objects you find in piles
by color!

Movement Songs:

- [Awesome Rainbows](#)
- [Rainbow Breathe](#)
- [Rainbow Colors](#)
- [Shamrock Baby Shark](#)
- [Shamrock Shake](#)

Shamrock Hop!

Cut out some shamrocks
out of paper. Place the
shamrocks around a room
in your house. Now jump,
skip, hop, etc from one
shamrock to another.

Balance on the Lines

Grab some tape to make lines
on the floor inside your house
or use chalk to make lines
outside! Make lines that are
straight, curvy, zig zags, and
more. Then have your child try
to balance on the lines.

Rainbow Walk

Go on a walk outside and
look for objects that are
the colors of the rainbow.
What do you see? Can you
find objects in ROYGBIV
order?

Yoga Time!

- [Rainbow Yoga Poses](#)
- [Peace Out: Cloud Story](#)
- [Rainbow of Confidence](#)
- [Frank the Frog](#)