



MAY



Dress Motor Choice Board

Jack Hartman Songs:

- [Get Up, Get Down](#)
- [The Hokey Pokey](#)
- [Animal Alphabet](#)
- [Letters & Their Sounds](#)
- [Shape Up!](#)

Summertime is almost here!
Let's celebrate with a dance party! Choose some of your favorite songs to play Freeze Dance to. When the music stops, freeze like a statue!

Let's Go on a Walk!

So much has changed in our environment since our April walk! What new things do you see outside? Do you see any:

- birds -flowers -trees
- insects -butterflies -bikes
- kids playing outside

Movement Songs:

- [Jump Up, Bend Down](#)
- [Alphabet & Move](#)
- [Dance with Shapes](#)
- [Bee Over There](#)
- [LMNOP](#)

Be a Bug!

What types of bugs do you know? Can you act like a:

- | | |
|--------------|---------|
| -caterpillar | -bee |
| -butterfly | -spider |
| -grasshopper | -ant |
| -ladybug | -worm |

Find the Letter!

Write letters on the sidewalk using chalk. Have your child hop, jump, skip, fly, tip toe, or run to each letter that you call out.

Jumping Jacks!

Can you do a jumping jack? How many can you do? Count as high as you can while doing jumping jacks!

Yoga Time!

- [The Great Outdoors](#)
- [Unicorns & Bunnies](#)
- [Bugs](#)
- [Mr. Hoppit the Hare](#)

