# SENIOR HEALTH

STUDENT PERFORMANCE EXPECTATIONS

**OVERVIEW**: The senior health curriculum is designed to enhance a student’s understanding of relationships and basic concepts related to human sexuality and family life.

**GRADING**: A student’s final grade will be calculated by a point total. Each assignment will have points assigned. A grade will be determined from total points earned/total possible points. Assignments will include a variety of interactive class discussions, group projects, quizzes and a final open notebook assessment.

**ABSENCES**: All students are expected to be in class and on time. Any student who has 10 UNEXCUSED absences for the YEAR in Health and Phys. Ed. may lose credit for the course.

**CLASSROOM BEHAVIOR**: **This class has one rule:** Demonstrate the highest level of respect for yourself, your classmates, and your teacher at all times. Failure to do this will result in the consequences listed in the *student handbook*, and the loss of respect and trust of your teacher and peers—a consequence far more severe than any other type of reprimand.

AT THE CONCLUSION OF THE MARKING PERIOD STUDENTS WILL:

* Understand communication is an important aspect in ALL relationships
* Discuss how relationships develop and change over time
* Realize conflicts do arise in relationships and recognize effective communication can help resolve those conflicts
* Develop an understanding of the spectrum of relationships, families and gender identities
* Understand the ramifications of dating violence on today’s teens
* Better understand possible diseases and dysfunctions of the reproductive systems
* Understand transmission of STI’s and the difference between a bacterial and a viral STI.
* Understand the importance of self-exams
* After review, recognize the wide variety of contraceptive methods available and which method is best suited for oneself.
* Be able to discuss readiness factors for parenthood
* Better understand prenatal development (mother & baby)
* Know the 3 options you have when you are pregnant and evaluate the effects on one’s social, emotional and physical health
* Become more familiar with the stages of early childhood development
* Be able to identify possible areas of crisis (specifically: divorce, death and dating violence) in life and how one can more effectively cope with each
* Identify the legal responsibilities related to death and dying
* Develop skills used to prevent suicide
* Recognize humans progress through various life stages

**NO CELL PHONES/iPADS etc ARE PERMITTED IN CLASS UNLESS IT IS USED FOR APPROVED CLASS PROJECTS!**