

2021-22 Montgomery High School / UMS Fall Sports Sign-up & Registration Information

Step 1 – Health Forms: *MHS Fall Sports Due - Aug 2nd 2021, UMS Fall Sports Due - Aug. 16th 2021* (Any physical handed in after the due date will delay your child from being cleared to start practices with their teams). All Health forms can be accessed using the links below or on the [MHS Athletic Dept. webpage](#)

- Updated Health History form (if your child has had a physical within the year and we have it on record, you and your child will fill this form out and hand it back to the nurse) [NJ Dept. of Education Health History Update Questionnaire](#)

- Physical Evaluation Form: If your child has not had a physical in the past year you will need to schedule an appointment with their Primary care physician. [Pre-Participation Physical Evaluation Form](#)

- Please contact your school nurse for specific information regarding your child's necessary Health Forms

All Physical Evaluation Forms must be reviewed by the school physician per NJ state law for your child to be cleared. Please drop your forms into the confidentially locked bin located in the MHS Main Office by the date listed above to allow enough time for review and processing.

Step 2 - Register Online with FamilyID: Montgomery Athletic Department uses the FamilyID athletic registration program. All sports registrations must be completed by a parent or legal guardian.

Family ID sports registration opens: **Thursday, June 3rd at 8am**

Must be complete by: **MHS: Monday, August 9th, 2021 UMS: Monday, August 30th**

Click the "Register Now" box to go to the FamilyID registration site.

REGISTER NOW
Powered by FamilyID

If you have any questions concerning the FamilyID registration, please contact FamilyID support at: 888-800-5583 x1 or support@familyid.com. Support is available 7 days per week M-F 8:00am-9:00pm & Sat and Sun 9:00am-8:00pm.

Step 3 - ImPACT Baseline Test (High School only): The online ImPACT baseline test is required once a year during your freshman & junior years before the athlete's first sport. If you are going to be in 10th or 12th grade and this is your first time on a sports team, or you are new to Montgomery High School, you will need to take the baseline test. If you are currently being treated by a doctor for a concussion, do not take the baseline test and see one of the Athletic Trainers ASAP.

Athletics Website → Spring Sports Information → Sign-up & Registration Information → Scroll down to Step 3 → [Click here](#)

If you have any question concerning the ImPACT test, please contact the following:

Athletic Training Office - 609-466-7602 x6556 or x6558

MHS Athletic Department – 609-466-7602 x6567

All Health forms are due in the nurse's office by the following dates:

- **Aug. 2nd** for MHS Sports
- **Aug. 16th** for UMS Sports

CHECKLIST

- Drop off necessary forms at MHS and UMS in the Sports Physicals collection box
- Register on FamilyID (Necessary for every Season - Fall, Winter, Spring)
- 9th/11th grade (or New Student @ MHS) - Take the IMPACT test