



DEPARTMENT OF HEALTH, ENVIRONMENT,  
AND VITAL STATISTICS

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To: Parents in Village Elementary School  
From: Stephanie Carey, Montgomery Township Health Officer  
Dr. Bert Mandelbaum, MTSD School Physician  
Re: Influenza ("Flu") Control Measure in Village Elementary School  
Date: March 19, 2019

### Flu Season is Upon Us.

The Health Department is working with Montgomery Township Schools and the District's School Physician to protect students and their families from the impact of the flu.

Flu is widespread in New Jersey and the District is taking extra precautions to prevent further spread.

### Information about the Flu:

Be alert for symptoms in your family: **Fever, body aches, coughing**. The disease is spread by coughing, sneezing, and contact with contaminated surfaces.

You can help fight the spread of the flu:

- Cover your cough with a tissue, or cough into your elbow
- Wash your hands frequently with soap
- Stay home when you're sick. ***Do not send your child to school if s/he is sick!***

### What is the School Doing?

- School nurses and teachers will be monitoring for children who develop symptoms during the school day; These children will be sent to the nurse's office and the parent called to take them home.
- Children who are out sick, or who are sent home, must be **fever-free for 24 hours without fever-reducing medicine before returning to school. Students who come back to school too soon will be sent home again!**

***For more information, contact Patricia Cizin, Village Elementary School Nurse, at 609-466-7606 x2600***

Sincerely,  
Stephanie D. Carey, MPH  
Health Officer

Dr. Bert Mandelbaum, M.D., FAAP  
MTSD School Physician



**Public Health**  
Prevent. Promote. Protect.