



GET YOUR PLATE IN SHAPE

School Lunch Minimum Daily Meal Requirements

5 Food groups must be OFFERED with each lunch meal.
Students may take ALL of these food groups on their tray.

OFFER VS. SERVE RULES

To count as a reimbursable meal, students must select at least 3 food groups. At Least **ONE** of those food groups **MUST** be a fruit or vegetable in a $\frac{1}{2}$ cup portion size.

If a student does **NOT** select a reimbursable meal, they must pay the ala carte prices for their food items.