# **PHYSICAL EDUCATION MAKE UP ASSIGNMENT**

**MAKE UPS ARE FOR MEDICALS
THAT ARE ACCOMPANIED BY A DOCTOR’S NOTE ONLY (1 per week on medical)**

**Name (print!) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_\_\_\_\_ Day/Block \_\_\_\_\_\_\_\_**

**\*\* Assignment must be turned in at the end of the week, for each week you are out on Medical. For example, if you go out on Medical on a Wednesday, your make up assignment is due by the following Wednesday. If you are out for three weeks, you will complete three assignments, one due each week. \*\***

f **Choose a current event *RELATED TO HEALTH, FITNESS, OR PHYSICAL EDUCATION* from this week’s newspaper, a current magazine, or online newspaper**

f **Write a one page review and reflection on this current event**o **Typed and double spaced, 12 pt. font Ariel or Times New Roman, 1 in. margins**

f **In the first half, summarize the article. In the second half, reflect on what the article was saying in relation to your life or views on the subject.**

f **A copy of the article should be attached to your paper.** f **Consider the following points when summarizing:**

1. **What happened?**
2. **What issue or population is being addressed?**
3. **How is this issue impacting the world either now or in the future?**

f **Consider the following points when reflecting:**

1. **Did you learn a new skill or clarify an interest?**
2. **From what angle are you viewing the situation/experience (i.e. student, consumer, older/younger sibling, son/daughter, etc.)? Why? Feelings?**
3. **What do you like/dislike about the issue?**
4. **What did you learn about the people/community the issue is affecting?**
5. **What are some of the pressing needs/issues in the community in relation to the issue?**
6. **What can be done to address those needs?**
7. **What follow-up is needed to address any challenges or difficulties associated with this event?**
8. **What information can you share with your peers or the community?**